



**Here's a printable specific list of  
needed items  
as per the Department of Defense  
Please Donate Today! Drop boxes  
at both Centers.**

**ENTERTAINMENT and SPORTS:**

- Batteries: "AA" "AAA" and "C" are the most requested
- **DVD Movies** (new or used - **recent releases only, please!**)
- **Xbox Games** (new or used)
- **PS2 Games** (new or used)
- **Portable CD players / head phones**
- Small homemade gifts - little comforts of "home"
- Pens & mechanical pencils
- Stationery & Envelopes; blank cards to send home
- Double-sided tape, small crafts kits, scrapbook-ing items
- Day planners / Small, Pocket Calendars
- Crossword Puzzles / Word Search Books / Math Puzzle books / MAD LIBS / Logic Problems / Sudoku
- Yo-Yo's, Dominoes, playing cards, poker chips, dice
- Board games (UNO, Othello, checkers - travel size is great, too!)
- Nerf footballs / Whiffle balls / Mitts / Sports equipment
- Frisbees / Hackey sacks
- Electronic handheld games
- 35 mm disposable cameras
- Flash Drives and Thumb Drives for laptop com-puters
- **Music CDs & books (Accepted at our NORTH CAROLINA BRANCH only)**  
**We have more than enough magazines at this time - thank you!**
- OTHER:**
- **PHONE CARDS [pre-paid]**
- **Linens:** Pillow cases, twin sheets, towels (green & tan)
- **T-Shirts:** Cotton green & tan under shirts (**Sizes: M, L & XL**) [Note: The DOD banned "Under-Armor" shirts due to its material being potentially flammable & bad reactions to open wounds.]
- **Laundry Detergent**
- **Small Flashlights (battery operated)**
- Air Fresheners
- Socks: Black, Olive Green & White (cotton and/ or wool)
- Patriotic knick-knacks, USA flags, flags from your state, bandanas, baseball hats, football jerseys, banners.
- Generic sunglasses
- Alarm Clocks (Small in size; wind up or battery-operated)
- Black or Green duct tape, small tool kits, dust masks, carpentry tools, Fly swatters, fly paper, mos-quito netting, bug repellant in **plastic** pump bottles only (**NO AEROSOL CANS, PLEASE!**)

**TOILETRIES: NO HOTEL SAMPLES!**

(Note: Some troops have allergies & need Brand Name toiletries which list all ingredients. The military issues toiletries to our troops, however troops often miss their favorite brand of shampoo or soap. Our goal is to send troops reminders of home & items they miss ... not free samples.)

- Baby wipes (travel size)
- Liquid Hand Sanitizer (travel size)
- Body Wash, Liquid Soap, Facial Cleanser
- Shampoo /Conditioner (travel size)
- Hair Gel (for female troops to pull hair back)
- Combs / Brushes, Bobby Pins
- Eye Drops (i.e. **Visine**)
- Nasal Spray
- Deodorant (travel size)
- Razors (disposable: "Intuition" or "Mach 3" type)
- Shaving Cream / Shaving Soap (**in boxes or tubes; NO CANS of Shaving Cream, please!**)
- Cotton Swabs (i.e. Q-tips)
- Band-aids, Gauze Pads, First Aid Kits
- Lip balm / Chap Stick
- Baby Powder & Foot Powder (travel size)
- Loufa Sponges / Buff Puffs / Washcloths
- Tissues (individual packs; travel size only)
- Sunblock, SPF 45, Zinc, Vitamin E, Aloe Vera Gel
- Bug Spray / DEET / Skin-So-Soft
- Hand & Body Lotion / Moisturizer (travel size)
- Mouthwash (travel size)
- Toothpaste & Toothbrushes & Dental Floss
- VITAMINS (multi-vitamins are always needed!)
- Breath Mints / Breath Strips
- Lozenges / Cough Drops
- Nail files / Emery Boards / Nail Clippers
- Feminine Hygiene Products
- Cotton Balls
- Tylenol, Motrin, Advil or Aspirin Packets
- Moleskin
- Shoe Insole Cushions (gel kind is best)

**Note: Our troops do not need stamps**



**K-9 items:** Dog treats, toys, shampoo, flea collars, etc

**FOOD and SNACKS:**

- Beef Jerky / Slim Jims
- **COFFEE** (Ground or whole; instant or drip), Hot Chocolate packets, Herbal teas
- **Instant Drink Mixes (Gatorade, Kool-Aid, Crystal Light)**
- Pumpkin Seeds / Sunflower Seeds (salted)
- **Tuna in foil pouches** (no cans)
- Protein Powders / Protein Bars / Cliff Bars
- **\*NO CHOCOLATE PRODUCTS accepted**
- Hard Pretzels / Cheetos / Fritos / Chex Mix / Wheat Thins
- Gum and Hard Candy (must be individually wrapped)
- Granola Bars / Power Bars / Cereal Bars
- Small Packs of Fig Newtons, Oreos, Cheese-Its
- Trail Mix, Dried Fruit, Granola, Fruit Roll-Ups / Fruit By The Foot / Fruit Gummies
- DRY SOUP: (Ramen Noodles / Cup-O-Soup: just add water)
- NUTS: Peanuts, Mixed Nuts (salted)
- MICROWAVE FOOD (Popcorn, Chef-Boy-R-Dee, Mac'n'Cheese...)
- COOKIES / Girl Scout Cookies (with chocolate: Oct. - Feb. only!)
- Cheese & Cracker packs
- Condiments, Spices; Sugar; Salad Dressing (no glass jars)
- Oatmeal Packs (Instant: just add water)
- Cereal (Small, individual boxes)
- Rice Krispie Treats (Store-bought only)
- Caffeinated gum or candy (to stay alert)
- Religious booklets, small bibles, inspirational readings
- **Small** toys & school supplies for Iraqi & Afghan children
- Small portable heaters & fans (110 voltage okay)
- Coffee Makers (110 voltage okay) & coffee filters!
- Microwave Ovens (55 lbs max; 110 voltage okay)
- Small hot pots
- Winter Hats & Blankets (Yes, it snows in the winter over there!)
- Combat Application Tourniquets (black only)
- Holiday Decorations